#OneMinuteChallenge - Batting

Equipment – Bat, Ball, Tee, 2 Markers

* Use the markers to make a target zone (1-2 metres)
* Set the ball on the tee a few metres back from the target area
* Hit the ball and trying to get it through between the markers
* Finding it too easy/difficult?
* Make the target zone smaller/bigger

**Challenge – How many times can you hit the ball through the target area in one minute?**

**Share your best efforts with us via our social media pages (Facebook/Twitter)**